





ANTIPASTO

 Bruschetta Lightly toasted crostini topped with fresh tomatoes, garlic, basil & parmesan.	\$12
Baked Brie & Roasted Garlic Baked brie, roasted garlic served with 4 crostini.	\$15
IK Mussels Steamed with ginger, soy sauce, sun-dried tomatoes, a touch of cream served with 3 crostini.	\$17
Coconut Curry Mussels Delectable coconut curry cream sauce served with 3 crostini.	\$17
Pernod Prawns Pan-seared prawns, mushrooms & onion in a creamy pernod sauce topped with tomatoes.	\$17

SALADS Add chicken breast or prawn skewer \$9

 Caesar Salad Crisp romaine tossed in our home-made traditional dressing.	Full Size \$12 Side \$8
 Spinach Salad Feta cheese, strawberries, almonds & pumpkin seeds with a home-made raspberry vinaigrette.	Full Size \$13 Side \$9
 IK House Salad Crisp greens, fresh arugula, goat cheese, toasted pumpkin seeds, home-made house dressing & mandarins.	Full Size \$13 Side \$9

MAINS

Pollo Parmigiana Breaded chicken breast topped with tomato basil sauce, parmesan & mozzarella cheeses along with spaghetti bolognese & seasonal vegetables.	\$27
Salmon al Fresco B.C. Koho salmon & lemon dill cream sauce on rice with seasonal vegetables.	\$28
Full Rack of Ribs Succulent baby back ribs, your choice of Chef Rob's Bourbon BBQ or Greek-style along with spaghetti bolognese & seasonal vegetables.	\$29
Rib Eye 10oz. rib eye cut seared to your liking served with horseradish aioli, garlic mashed potatoes & seasonal vegetables.	\$37
 Spicy Blackened Prime Rib Not your mother's roast beef! 10oz. blackening spiced rib eye, seared to your liking, topped in cajun cream sauce, with garlic mashed potatoes & seasonal vegetables.	\$40






Please note: Not all ingredients are listed for every dish. Guests with food allergies or other dietary concerns should inform their server PRIOR to ordering.

All our chicken is free-range and hormone-free




the
ITALIAN
KITCHEN
Company

PASTA Add chicken or sausage 8. prawns 9. meatballs 9. split 2.
All pasta finished with cheese. Baked pasta with a two cheese blend 5. Gluten-free pasta 2.

-  **Primavera Cappellini** \$21
Angel hair tossed in a white wine & butter sauce - Aglio e Olio - with mushrooms, olives, fresh vegetables and feta.
-  **Gnocchi Red or White** \$21
Fresh potato dumplings, in a choice of marinara sauce with soft bocconcini or creamy gorgonzola sauce.
-  **Feta Feta Linguine** \$22
Broccoli, spinach, onions, roasted garlic with a light feta cream sauce on a bed of linguine.
- Carbonara Linguine** \$22
Fresh cracked pepper, maple bacon, egg & peas with a touch of cream.
- Spaghetti & Meatballs** \$23
Our classic tomato bolognese sauce with four delicious hand-made turkey & pork meatballs.
- Chicken Alfredo Penne** \$23
A delicious mushroom, parmesan & garlic-cream sauce.
- Pesto Chicken Ravioli** \$23
Tender morsels of chicken & ravioli tossed in a pesto cream sauce.
-  **Chicken & Italian Sausage Penne** \$24
Sun-dried tomatoes, artichokes & roasted garlic in a marinara sauce.
- Lasagna** \$24
Baked layers of pasta, spinach & bolognese sauce, topped with parmesan, ricotta & mozzarella cheese.
-  **Jambalaya Penne** \$25
Penne in a spicy blush sauce, prawns, shrimp, Italian sausage, chicken & mushrooms.
- Scallop & Prawn Linguine** \$26
Prawns, scallops, onions, mushrooms & peas in a prenod cream sauce. Finished with fresh tomatoes.

BAMBINOS - for kids 8 & under All \$10

-  **Alfredo Penne** with a drink & ice cream.
- Spaghetti & Meatballs** with a drink & ice cream.
- Cheese Pizza** with a drink & ice cream.

DESSERT All \$9

- House-made Tiramisu**
Creamy mascarpone, espresso, kahlúa, ladyfingers, delicately stacked & dusted with cocoa.
- New York Cheesecake**
Traditional New York cheesecake, fresh fruit coulis & whipped cream.
- Crème Brule**
Classic rich vanilla custard with crunchy torched sugar topping.
- Gelato**
Please ask your server for our daily selection of locally made seasonal flavors.

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Vegetarian option



Spicy